

37 Day Zanzibar to Cape Town Budget Camping Tour

Beginning our safari at the foot of Cape Town's famous Table Mountain, we travel through Namibia's dramatic desert and desolate coastline before journeying inland to the tranquil lagoons and waterways of the Okavango Delta, and wildlife rich Chobe National Park. From there we take in the sight of the magnificent Victoria Falls, the picturesque Lake Malawi and end the trip with some relaxing days on Zanzibar's dazzling beaches. This is a perfect combination of diverse scenery, rewarding wildlife viewing and time at leisure on the beach.









INCLUDED HIGHLIGHTS

Zanzibar Ferry **Zanzibar Excursion** Spice Tour **Sunset Dhow Cruise** Dar es Salaam South Luangwa National Park Lake Malawi **Entrance to Victoria Falls Delta Excursion Chobe National Park Chobe Overnight Excursion Etosha National Park** Spitzkoppe Swakopmund Transfer to Sossusvlei Namib Naukluft National Park Fish River Canyon



ITINERARY

SOUTH AFRICA - NAMIBIA - BOTSWANA - ZIMBABWE - ZAMBIA - MALAWI - TANZANIA

Information is subject to change. Travel times and accommodation can change depending on road or weather conditions, etc. These are used as a guideline only.

Accommodation style:CampingLength of trip:37 DaysStarts in:Dar es Salaam

Finishes in: Cape Town, South Africa

Pre-departure Meeting: Held at the Departure Point at 17h00, Day 1 of the tour **Departure point:** Kipepeo Campsite, Plot 4, Mjimwema, Kigamboni

Check-In Time: Any time on day one

Countries visited: South Africa, Namibia, Botswana, Zimbabwe, Zambia, Malawi, Tanzania

DAY 1 DAR ES SALAAM

We start our first day in the busy Tanzanian city of Dar es Salaam. Today is an arrivals day – You can arrive anytime and make your way to the departing lodge where your accommodation is included for the night. We do offer a free airport Transfer if needed. Tonight, there will be a pre-departure meeting at the departing lodge.

If you arrive early take some time to explore Dar es Salaam. Your booking consultant can help arrange pre-night's accommodation if needed and advise on trips to do in Dar es Salaam to places of interest.

Meals: None

TANZANIA

Tanzania's natural environment and geographical features have made it one of the best tourist destinations in Africa. Being the biggest country in east Africa, Tanzania has heaps to offer her visitors, including 13 game reserves and national parks. Tanzania also forms part of the world's largest animal's movements, the great migration. Inland are the vast Serengeti National Park and the animal packed Ngorongoro Conservation area, and thousands of people every year fulfil their lifetime achievement of climbing to the top of Mount Kilimanjaro, which is the highest mountain in Africa. On the coast, Zanzibar is exotic, intriguing and steeped in the unique Swahili culture.

DAY 2 DAR ES SALAAM TO ZANZIBAR

A ferry from Dar es Salaam takes us to the "Spice Island," where we spend the next 3 nights. Zanzibar is steeped in history and was one of the major starting points for most East African explorers in their quest for new lands

PLEASE NOTE: Meals are for your own account whilst on Zanzibar, as it is our experience that passengers prefer to explore the island on their own, and in accordance with their own budget. The Trip Leader joins you and will arrange your activities, while meals can be enjoyed from a wide selection of restaurants. There are also a wide variety of optional excursions on offer – please see the price guide on the end of this document for more details.

PLEASE NOTE: New legislation prohibits the taking of photographs during the Zanzibar ferry ride. Spot fines can be issued, if legislation is not obeyed.

Meals: Breakfast

Included Activities: Spice Tour & Dhow Excursion and Zanzibar Excursion





DAY 3 & 4 ZANZIBAR

History aside, Zanzibar offers a wealth of experiences for the visitor. Today the quiet streets of the old Stone Town still retain their Arabic influence, from the Medina-like shops to the palaces of the Sultans, who founded their vast empires on the spoils of the slave and ivory trade. The island is famous for its spices and an excursion around a spice plantation is always a fascinating experience. Other options include a trip to the beautiful beaches and giant tortoises of Prison Island, a full day scuba dive in Nungwe or a fishing trip in a traditional dhow. Mopeds are available for hire if you'd like to explore the more remote areas of the island. Zanzibar is a seafood lover's paradise. Numerous restaurants offer a great variety of the freshest catch from the ocean - crayfish being a popular speciality. Alternatively, mingle with the locals for dinner at the Forodhani Gardens seafront market, where delicious, inexpensive seafood is on offer.

Meals: None

DAY 5 ZANZIBAR TO MIKUMI

This morning we leave Dar es Salaam and head south. We pass through the Mikumi National Park where it is possible to view a range of wildlife from the roadside, totally impervious to the passing traffic. This is where we will spend the night.

Meals: Lunch & Dinner

DAY 6 MIKUMI TO IRINGA

From Mikumi we travel towards Iringa where we spend the night in a beautiful rustic campsite famous for its Amarula Hot Chocolates and its steamy showers!

Meals: Breakfast, Lunch & Dinner

MALAWI

A variety of attractions can be found in this exquisite country such as, forest, mountains and many a rural village, but there is one major attraction – Lake Malawi. There are many small rustic resorts along this freshwater lake where you can kick back on the sand and enjoy the perfect sunset over this lake. Malawi will offer you the perfect sub-tropical climate, allowing you ample time to soak up the sun and work on that tan. Lilongwe is the largest city in Malawi, as well as the capital city. Malawi plays host to just over 12 million people, with English and Chichewa being the main languages.

Lake Malawi

Most your time in Malawi will be spent enjoying the white beaches and warm waters of Lake Malawi. Lake Malawi is also known as "the lake of stars", offering an abundance of water activities. With the staggering amount of 500 species of fish, this lake makes for an excellent spot for freshwater diving after meeting and greeting all the welcoming locals.

DAY 7 TO 9 IRINGA TO LAKE MALAWI (MALAWI)

Winding our way through the beauty of the Tukuyu tea and banana plantations, we head towards Malawi entering the 'Warm Heart of Africa' through the border post at Songwe.

Malawi is a landlocked country with 20% of its total area made up of beautiful Lake Malawi. We travel the length of the western side of the lake, stopping off at various bays and inlets over the next 3 days.

Spend the days learning the game of bao from the locals, scour the markets for a bargain or simply relax on the pristine beaches. Malawi's temperate climate allows for swimming in the clear blue fresh-water lake all year round. Explore the beautiful shore where you'll happen upon the local fishermen sorting their catch. Traditional fishing





techniques are still practiced and to appreciate their boating skills, try to paddle a dugout canoe yourself! At night, you'll see the 'fairy' lights of the fishermen out on the lake. The various beachside campsites along Lake Malawi's shores offer many optional Excursions including a variety of water sports, horseback rides and a visit to the local village and school.

Optional activities vary; however, we do recommend to village tour. Please note that you can bring along with you pens, pencils, notepads and dry starch food for the villagers. Please speak to your crew for more information.

Meals: Breakfast, Lunch & Dinner on all days

DAY 10 LAKE MALAWI TO SOUTH LUANGWA NATIONAL PARK (ZAMBIA)

We head away from Lake Malawi, and stop off in the capital, Lilongwe, a small city distinctively divided into the old town and the new administrative centre, to stock up on supplies before crossing into Zambia where we spend the night in the breath-taking South Luangwa National Park.

Meals: Breakfast, Lunch & Dinner

DAY 11 LUANGWA NATIONAL PARK

This breath-taking park is situated on the Luangwa River in the Eastern part of Zambia, and it is the southernmost of three national parks in this region. South Luangwa was founded in 1938 as a game reserve, 1972 was the year it was declared as a national park, and today it covers over 9000 kilometres squared. Animals such as Giraffe, buffalo and Elephants can be found in abundance. The Luangwa river is home to many a hippo and croc.

Meals: Breakfast, Lunch & Dinner

Included Activities: Game drives through South Luangwa National Park in the tour vehicle

DAY 12 LUANGWA NATIONAL PARK TO LUSUKA

Today we depart this amazing National Park and make our way down south. As we drive, we pass through a few of the villages and towns of Zambia along the way. Prosperous during the copper boom in the 60's, Zambia was able to build infrastructure at the main mining and farming communities. After the fall of the copper industry, the country was left virtually bankrupt and existing infrastructure was left to fall to ruin. Due to foreign investment and a rise in the mining industry, Zambia is today once again starting to prosper.

Meals: Breakfast, Lunch & Dinner
Optional Activity: Zambezi Sunset River Boat Cruise

DAY 13 LUSAKA TO LIVINGSTONE

Heading further south, we journey through the southern Zambian towns mostly supporting local agriculture and farming on our way to Livingstone. The Victoria Falls or Mosi-oa-Tunya (the Smoke that Thunders) is one of the Seven Natural Wonders of the World and it's not difficult to see why. At 1700 m wide and around 100 m high, this is the world's largest sheet of falling water and a memorable sight on any African Safari! The Falls can be viewed from the Mosi-oa-Tunya National Park, Zambia - a fantastic photo opportunity. Tonight, we have the option of enjoying an optional sunset dinner cruise on the mighty Zambezi.

Meals: Breakfast, Lunch & Dinner





BOTSWANA

The size of this successful country can be compared to countries such as Kenya or France, and fairly smaller than Texas. Botswana is a landlocked country with borders such as South Africa, Namibia, Zambia and Zimbabwe which can all be crossed overland. For such a small country, it boasts an array of spectacular game viewing opportunities such as, hundreds of elephants splashing in the Chobe River and the Okavango Delta and its maze of lagoons.

DAY 14 LIVINGSTONE TO CHOBE NATIONAL PARK (BOTSWANA)

We leave Zambia and cross the border into Botswana at the Kazangula Ferry. Once we've completed the border formalities, we continue to the town of Kasane, situated on the banks of the Chobe River. The Chobe River forms a border between Botswana and Namibia and Zambia and is the main water source to the Chobe National Park. After lunch, we have time at leisure to relax. In the afternoon, we leave for our Chobe National Park Overnight Mobile excursion — an overnight experience in the wilds of the Chobe National park. Chobe is one of Botswana's premier game parks, renowned for its large elephant herds. Spend the afternoon in search of wildlife while we game drive to our camp within the park where we spend the evening surrounded by the night-time noises of the local wildlife. Look out for the rare Sable and Roan Antelope on your game drive, with their majestic backward slanting horns, or try keep a count of the Lilac Breasted Roller's that swoop by! After our night in the bush, we head out early to continue our search for wildlife, before packing up the camp and heading back to Kasane.

Meals: Breakfast, Lunch & Dinner

Included Activity: Chobe National Park Overnight Mobile Excursion

ZIMBABWE

This landlocked country is situated in the southern part of Africa, between the mighty Zambezi and Limpopo Rivers. The word Zimbabwe is believed to have two meanings, 1) it is believed the word Zimbabwe is derived from dzimba-dza-mabwe, which means "large house of stone" in the Shona (Karanga Dialect) language. 2) It is also believed to be derived from the word dzimba-hwe which means venerated houses in the Zezuru dialect of Shona.

DAY 15 CHOBE NATIONAL PARK TO VICTORIA FALLS (ZIMBABWE)

Once returning to camp, we get back on our truck and continue to the border of Zimbabwe. Once we've completed border formalities, we have a short drive to the nearby Victoria Falls. Named after the famous World Heritage site and Waterfall, the town of Victoria Falls is situated on the Zambezi River and surrounded by the Victoria Falls National Park. Our campsite is conveniently situated in the centre of town, and within walking distance of the adventure booking agents, restaurants and shops. A short walk down the main road takes you to the entry point to view the falls, which are situated between Zimbabwe and Zambia. Victoria Falls, or Mosi-oa-Tunya (the Smoke that Thunders), was named by David Livingstone on his explorations, and is one of the Seven Natural Wonders of the World. At 1700 m wide and around 100 m high, this is the world's largest sheet of falling water and a memorable sight on any African Safari! After our adventure activities briefing (see price guide at the end of this document for options), the afternoon is spent relaxing at the campsite, viewing the Victoria Falls, or exploring the many sights and delights of this town!

Meals: Brunch

Included Activity: Victoria Falls entrance

DAY 16 TO 17 VICTORIA FALLS

The next 2 days are spent relaxing or participating in a myriad of Optional Excursions. Some of our fellow passengers will leave us in Vic Falls, to be replaced by new passengers joining us for the next leg of our trek.

Meals: Breakfast on both days





Optional Activities: Bungee Jumping, Abseiling, Flights in Fixed Wing, Micro Light, Ultra-light aircraft,

Helicopters, White Water Rafting, Floats

BOTSWANA

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DAY 18 VICTORIA FALLS TO CHOBE NATIONAL PARK (BOTSWANA)

After breakfast, we cross the border into Botswana and head to Kasane where we have a chance to explore the town of Kasane.

Meals: Breakfast, Lunch & Dinner

DAY 19 CHOBE NATIONAL PARK TO KASANE

At camp we have a bit of free time to relax at leisure. You can either partake in the boat cruise on the Chobe River which is an optional excursion, or you can just spend your time relaxing at the swimming pool.

Meals: Breakfast, Lunch & Dinner

DAY 20 KASANE TO MAUN

Maun is the starting point for travel into the Delta and it is from here that we set off to explore the Okavango Delta. Tonight, we prepare our provisions and packs for our overnight excursion. We suggest bringing along a smaller daypack on your trip which can be used to pack the supplies needed for this short excursion. Your trip leader will brief you fully on what is needed, and what to expect prior to your trip into the Delta.

Meals: Breakfast, Lunch & Dinner

DAY 21 MAUN TO OKAVANGO DELTA

Here we have the opportunity to take the included overnight excursion into the Delta. After an early rise, we pack our expedition vehicle and from Maun we drive north for a couple of hours to reach the mokoro poler's station. The Delta region is studded with many local villages where many families live in a traditional way. Some of the villages are very remote and can only be reached by the traditional mode of transport – the Mokoro. Mokoros are dugout canoes manoeuvred through the waterways by local guides who "pole" them through the reeds. At the Mokoro station, we meet our 'Polers' and pack our supplies before heading out into the waterways. After a couple of hours along the waterways, we arrive at our mobile tented camp situated in the heart of the Okavango.

On arrival, you will meet the local staff who will be your host during your stay. A brief introduction to the camp will show you your dome tent with twin beds and a bush en-suite bathroom — long drop toilet and a bucket shower. Relax in the tent with a cold drink or take a paddle in the Delta in a canoe. The activities at the camp include Mokoro trails and guided walking.

Meals: Breakfast, Lunch & Dinner Included Activity: Overnight Delta Excursion





DAY 22 OKAVANGO DELTA TO MAUN

After our Mokoro ride and vehicle transfer, we arrive back around lunch time and have the chance to complete our picture of the Okavango Delta by taking an optional scenic flight over The Delta (dependent on weather conditions & availability).

Meals: Breakfast, Lunch & Dinner

DAY 23 MAUN TO GHANZI

Today we head towards the small village of Ghanzi which will be our last night in Botswana. Ghanzi is home to the San / Bushman and you can learn more about them by partaking in the Bushman experience offered by the campsite.

Meals: Breakfast, Lunch & Dinner
Optional Activity: Bushman Experience

DAY 24 GHANZI TO WINDHOEK (NAMIBIA)

Today's drive will take us through small rural towns and scenic landscapes. Nestled between the hills, Windhoek is a rather small capital city but has many places of historical interest. This afternoon is spent at your leisure with time to visit the local museum or haggling at the street side markets. There are also many shops for those in need of a bit of retail therapy.

Meals: Breakfast & Lunch
Optional activity: Dinner at Joe's Beer House

NAMIBIA

This sandy yet spectacular country gained its independence from South Africa in the year of 1990 and its largest city, also the capital city is Windhoek. This is a country of compelling beauty and wide horizons dominated by the brooding and desolate Namib Desert, which has the highest sand dunes in the world.

DAY 25 WINDHOEK TO ETOSHA NATIONAL PARK AREA

From Windhoek, we head to the Etosha National Park. Covering 22 270km2, Etosha is Namibia's premier nature and wildlife reserve. Situated around the Etosha Pan with a large variety of animal and bird life, the extensive network of gravel roads affords us the opportunity of accessing even the most remote areas of the park. After lunch, and once it has cooled off a bit, we spend the remainder of the day exploring the park's northern area. Keep an eye out for the striking Oryx and Springbok as these are endemic to desert National Parks! After dinner why not head to the waterhole where you can sit and observe the animals may come to drink in the evenings.

Meals: Breakfast, Lunch & Dinner

DAY 26 ETOSHA NATIONAL PARK

Today we make our way across the park, keeping a look out for the many different mammals, reptiles, birds and insects in the various regions. As the vegetation types change, so does the animal and bird life that relies on it, and so different sections of the Park offer a variety of different game options. After a full day of game viewing, we exit the park through Anderson gate and head to our camp just 10kms away; perhaps the chance for a quick dip in the





pool before dinner, followed by a relaxing evening in this very interesting bar.

Meals: Breakfast, Lunch & Dinner

Included Activity: Game Drives through Etosha National Park in Tour Vehicle

DAY 27 TO 28 ETOSHA NATIONAL PARK AREA

Today's drive takes us further south through the Namibian countryside to our campsite, located in the vicinity of Etosha National Park.

Meals: Breakfast, Lunch & Dinner Included Activity: Game Drive in Tour Truck

Optional Activity: Night Drive

DAY 29 BRANDBERG (UIS) TO SWAKOPMUND

Today we head for Swakopmund, via Spitzkoppe (day trip). Founded by the Germans in 1892, their colonial influence is still evident today. Swakopmund has a selection of excellent coffee shops, restaurants & bars as well as many arts and crafts shops selling Namibian curios. There are fine beaches to walk along as well as a great museum, aquarium and galleries to visit. Alternatively, the lovely beach and promenade make for a great relaxing walk – though bathing in the ocean waters may be somewhat chilly!

Meals: Breakfast

DAY 30 SWAKOPMUND

The next day can be spent relaxing or participating in a myriad of Optional Excursions. Some of our fellow passengers may leave us in Swakop, to be replaced by new passengers joining us for the final leg of our trip.

Meals: Breakfast on both days

Optional Activities: Skydiving, Quad Biking, Sand Boarding, Scenic Desert Flights, Dolphin Cruises, Fishing,

Golf, Horse Riding and more. An activity briefing will be held in Swakopmund

DAY 31 TO 32 SWAKOPMUND TO SESRIEM

Leaving Swakopmund, we head south to the industrial Walvis Bay before turning inland and toward the desert. Continuing our journey, we enter the Namib-Naukluft Park in one of the oldest deserts in the world. We base ourselves at Sesriem, a great place to experience the Namib and its many moods. A short distance away is Sossusvlei, surrounded by a dramatic sea of sand dunes reputed to be the highest in the world. Magnificent views of the desert can be seen from the top of the dunes, some over 300 m high. We spend the afternoon exploring this amazing area.

Meals: Breakfast, Lunch & Dinner

Included Activity: Visit to Dune 45, Visit to Sossusvlei

DAY 33 SESRIEM TO FISH RIVER CANYON

Heading out early, we see the sunrise over this beautiful area and we leave the serenity of the dunes to head south to the Fish River Canyon. At 161 km long, 27 km wide and about 550 m deep, it's the second largest canyon in the world. The outer canyon was formed by tectonic activity, while the erosion of the Fish River formed the inner canyon. A road follows the eastern rim, giving us access to several viewing points from where we can take in the





spectacular vistas.

Meals: Breakfast, Lunch & Dinner Included Activity: Visit to Fish River Canyon

SOUTH AFRICA

With nine different provinces, 11 official languages and 3 capital cities, South Africa will most definitely make you stop in you tracks and go – WOW.

DAY 34 FISH RIVER CANYON TO GARIEP RIVER (SOUTH AFRICA)

This morning we continue south, where, after a short drive, we reach the Gariep River - the natural land border between Namibia and South Africa. We camp at a beautiful campsite on the South African bank of the river. Tonight, there's a chance for some fun at the awesome camp bar overlooking the river!

Meals: Breakfast, Lunch & Dinner

DAY 35 ORANGE RIVER TO CEDARBERG

An early morning start see us travel south through the Richtersveld and the mining town of Springbok, before reaching the region known as Namaqualand, well known for its prolific display of Namaqua wildflowers that occur each spring. We spend tonight in a picturesque campsite. Tonight, is our last night under the stars!

Meals: Breakfast, Lunch & Dinner

DAY 36 CEDARBERG TO CAPE TOWN

We leave the scenic Cederberg area and travel south towards Cape Town. We travel through the rich fruit growing area of Citrusdal before crossing the Piekenierskloof Pass to the Cape's wine growing regions. Our first sighting of the Mother's City Table Mountain across Table Bay means we've reached our final destination. Tonight's accommodation is in dormitories in one of Cape Town's best loved hostels.

Meals: Breakfast

Cape Area

The mother city, Cape Town has much to offer, such as the flat-topped Table Mountain, which is awesome for hiking and providing you with an aerial view of Cape Town. Then there is the pulse of the city – Long Street, which will provide you with all the food and entertainment needed on holiday. If that does not fulfil your holiday needs, the Cape area can provide you with a full day of education, sightseeing, breathe taking views and wine when partaking in a winelands tour. A saying that will forever stick by us Capetonians – You don't need a holiday; you need Cape Town.

DAY 37 CAPE TOWN

This morning we exchange addresses and part ways, having just experienced a trip of a lifetime!

There are a wide range of activities available in Cape Town and the surrounding areas, including day trips, short tours and longer tours travelling up the picturesque coast of South Africa. We suggest you extend your stay by a few days to participate in some of the exciting activities available here. Post tour accommodation can be booked through your agent

Meals: None





Tour Information

On Booking your Overland Tour, your consultant will send you a full detailed pre-departure information document that will help you prepare. Below is a couple of points on key subjects.

Meals on tour

Meals and menu's vary as food is purchased en-route, and is subject to produce that is available seasonally in the areas we travel through. Our safari cooks are able to offer a wide variety of menu's with the ingredients available, even if the produce on offer is not of the same selection as what you may be used to back home.

The breakfast spread consists of bread (toast when time allows), spreads and cereals with a hot breakfast every few days. Lunches are mostly prepared en-route with a supply of 'build your own' sandwich ingredients available. Dinners are cooked in the evenings on arrival at the campsite. A wide array of dinner menus are on offer during your safari, consisting of curries, stews, pastas and BBQ's!

Transport on tour

Our overland vehicles are custom built converted trucks that have seating space for our passengers and a storage area for luggage and all trip equipment. The trucks seat between 28-30 passengers on our camping trips. Most seats are forward facing, though some models have a combination of forward, backward and some inward facing seats with tables. Vehicles have sliding glass windows, and the seating area is raised providing a great advantage for game viewing and photography. Seats are cushioned and there is storage space for personal items like cameras, snacks and day packs in the seating area.

Participation on tour

All of the tours operated are participation trips meaning that all passengers are expected to help out around camp. The crew members running the trip will set up a rota system that will be followed. One day you may be on cleaning duty, the next day you may be on cooking duty and so forth. This is not only to make the trip easier for all involved but also for you as the passengers to get to know one another while on trip.

The staff and management look forward to welcoming you aboard and trust that you will enjoy your trip with us.

Should you have further questions, please feel free to contact us on the below details.

General Enquiries & Reservations - info@detourafrica.co.za

Toll Free US/Canada - 1-800-287-0823

Toll Free UK - 0-808-134-9963

Toll Free Australia - 1-800-897-833

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